

School Name **Nation Chung Hsing University Student Health Examination Form Ministry of Education, Taiwan, R.O.C. (Revised Version)**

Student No.	
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Contact Information	Date of Entry	(mm)/(yy) /	Dept./Institute/Class				Name				
	Date of Birth	(dd)/(mm)/(yy) / /	Blood Type		Sex	<input type="checkbox"/> M <input type="checkbox"/> F	I.D. No.				
	Permanent address										Cell phone No.
	Mailing address	<input type="checkbox"/> As above									
Emergency contact (Parents or guardian)	Relationship	Name		Phone (home)		Phone (work)		Student's E-mail			

Medical History	Please tick any of the following ailments you have had (<i>please add details for 13. to 18.</i>):										
	<input type="checkbox"/> 1. None	<input type="checkbox"/> 6. Kidney disease	<input type="checkbox"/> 11. Arthritis								<input type="checkbox"/> 16. Major surgery: _____
	<input type="checkbox"/> 2. Tuberculosis	<input type="checkbox"/> 7. Epilepsy	<input type="checkbox"/> 12. Diabetes mellitus								<input type="checkbox"/> 17. Allergy to: _____
	<input type="checkbox"/> 3. Heart disease	<input type="checkbox"/> 8. SLE (Lupus)	<input type="checkbox"/> 13. Psychological or mental illness: _____				<input type="checkbox"/> 18. Other: _____				
	<input type="checkbox"/> 4. Hepatitis	<input type="checkbox"/> 9. Hemophilia	<input type="checkbox"/> 14. Cancer: _____								
Health	<input type="checkbox"/> 5. Asthma	<input type="checkbox"/> 10. G6PD deficiency	<input type="checkbox"/> 15. Thalassemia: _____								
	<input type="checkbox"/> Holder of Catastrophic Illness (including Rare Disease) Certificate : <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes Category: _____										
	<input type="checkbox"/> Holder of Physical/Mental Disability Manual <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes Category: _____ Level: <input type="checkbox"/> Very serious <input type="checkbox"/> Serious <input type="checkbox"/> Moderate <input type="checkbox"/> Mild										
Special disease status or matters needing attention: <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes (please describe): If you are being treated for or recovering from any of the above or some other disease, please inform the medical personnel and also provide your medical records for the healthcare professionals' references.											
Family medical history: Relative with hereditary disorder: <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes, _____ Name of disease _____ <input type="checkbox"/> 2. Unknown											
Relatives of family members suffering from major hereditary disorder: _____ Name of disease _____											

Lifestyle	※ Tick the boxes that best describes your lifestyle:										
	1. How much did you sleep during the past 7 days (<i>not including weekends, or days off</i>)?: <input type="checkbox"/> ① ≥ 7 hours a day <input type="checkbox"/> ② < 7 hours a day <input type="checkbox"/> ③ I suffer from insomnia										
	2. How often did you eat breakfast in the past 7 days (<i>not including weekends, or days off</i>)?: <input type="checkbox"/> ① Never <input type="checkbox"/> ② Some days: _____ days <input type="checkbox"/> ③ Every day (Eat: before 9:00 <input type="checkbox"/> Yes <input type="checkbox"/> No; after 9:00 <input type="checkbox"/> Yes <input type="checkbox"/> No)										
	3. During the past 7 days, how many days did you do moderate/high intensity exercise (that is, you could talk but not sing while performing the exercise), such as sports, fitness, commuting, and recreational physical activities for at least 10 minutes each time per day? <input type="checkbox"/> ① 0 days <input type="checkbox"/> ② 1 day <input type="checkbox"/> ③ 2 days <input type="checkbox"/> ④ 3 days <input type="checkbox"/> ⑤ 4 days <input type="checkbox"/> ⑥ 5 days <input type="checkbox"/> ⑦ 6 days <input type="checkbox"/> ⑧ 7 days										
	4. During the past month, did you use tobacco (cigarettes, e-cigarettes, or IQOS)? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Some days - please tick: <input type="checkbox"/> a cigarettes <input type="checkbox"/> b e-cigarettes <input type="checkbox"/> c IQOS (multiple choice) <input type="checkbox"/> ③ Every day - please tick: <input type="checkbox"/> a cigarettes <input type="checkbox"/> b e-cigarettes <input type="checkbox"/> c IQOS (multiple choice) <input type="checkbox"/> ④ I have quit										
	5. During the past month, did you drink alcohol? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Some days <input type="checkbox"/> ③ Every day - please tick how many: <input type="checkbox"/> a 2 drinks or more <input type="checkbox"/> b 1 drink <input type="checkbox"/> c less than 1 drink <input type="checkbox"/> ④ I have quit (Note: 1 'drink' means: 330 ml of beer, 120 ml of wine, 45 ml of spirits)										
	6. During the past month, did you chew betel nut? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Some days <input type="checkbox"/> ③ Every day <input type="checkbox"/> ④ I have quit										
	7. Do you feel depressed? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Sometimes <input type="checkbox"/> ③ Often										
	8. Do you feel worried? <input type="checkbox"/> ① Not at all <input type="checkbox"/> ② Sometimes <input type="checkbox"/> ③ Often										
	9. During the past 7 days, how often did you defecate? <input type="checkbox"/> ① At least once a day <input type="checkbox"/> ② Once in 2 days <input type="checkbox"/> ③ Once in 3 days <input type="checkbox"/> ④ Once in 4 or more days										
	10. During the past 7 days (not including weekends, or days off), how many hours did you use the internet everyday, apart from when doing homework or in class? <input type="checkbox"/> ① less than 2 hours <input type="checkbox"/> ② 2-4 hours <input type="checkbox"/> ③ 4 hours or more: _____ hours										
	11. How many times do you usually brush your teeth a day? <input type="checkbox"/> ① None <input type="checkbox"/> ② Once <input type="checkbox"/> ③ Twice <input type="checkbox"/> ④ 3 or more times										
	12. How often do you have a dental checkup even if there's no toothache or other oral discomfort? <input type="checkbox"/> ① Once every 6 months <input type="checkbox"/> ② Once a year <input type="checkbox"/> ③ More than one year <input type="checkbox"/> ④ Never										
13. Menstrual cycle – <i>female students</i> : Do you have painful menstrual periods? <input type="checkbox"/> ① No <input type="checkbox"/> ② Light pain <input type="checkbox"/> ③ Severe pain <input type="checkbox"/> ④ Unknown/Declined to answer											

Self-rated Health	1. During the past month, would you say your health condition is <input type="checkbox"/> ① Excellent <input type="checkbox"/> ② Good <input type="checkbox"/> ③ Average <input type="checkbox"/> ④ Fair <input type="checkbox"/> ⑤ Poor										
	2. During the past month, would you say your mental health condition is <input type="checkbox"/> ① Excellent <input type="checkbox"/> ② Good <input type="checkbox"/> ③ Average <input type="checkbox"/> ④ Fair <input type="checkbox"/> ⑤ Poor										
	※ Do you currently have any health concerns? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes										
※ Do you need the university/college to provide any assistance? <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes											

Health Examination Record (to be completed by medical personnel)			Date: Day _____ Month _____ Year _____				Examiner's Signature		
Height: _____ cm		Weight: _____ kg		<input type="checkbox"/> Waistline: _____ cm					
Blood Pressure: _____ / _____ mmHg								Pulse rate: _____ /min	
Vision: Uncorrected: Right _____ Left _____								Corrected: Right _____ Left _____	
Eyes	<input type="checkbox"/> Normal	<input type="checkbox"/> Color vision deficiency <input type="checkbox"/> Other: _____							
ENT	<input type="checkbox"/> Normal	Hearing abnormality: <input type="checkbox"/> Left <input type="checkbox"/> Right <input type="checkbox"/> Suspected otitis media, such as from a perforated ear drum <input type="checkbox"/> Swollen tonsils <input type="checkbox"/> Earwax embolism <input type="checkbox"/> Other: _____							
Head & Neck	<input type="checkbox"/> Normal	<input type="checkbox"/> Wry neck (torticollis) <input type="checkbox"/> Abnormal mass <input type="checkbox"/> Other: _____							
Chest	<input type="checkbox"/> Normal	<input type="checkbox"/> Cardiopulmonary disease <input type="checkbox"/> Abnormal thorax <input type="checkbox"/> Other: _____							
Abdomen	<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormally swollen <input type="checkbox"/> Other: _____							
Spine & limbs	<input type="checkbox"/> Normal	<input type="checkbox"/> Scoliosis <input type="checkbox"/> Limb deformity <input type="checkbox"/> Difficulty squatting <input type="checkbox"/> Other: _____							
Skin	<input type="checkbox"/> Normal	<input type="checkbox"/> Ringworm <input type="checkbox"/> Scabies <input type="checkbox"/> Wart <input type="checkbox"/> Atopic dermatitis <input type="checkbox"/> Eczema <input type="checkbox"/> Other: _____							
Oral Health Screening	<input type="checkbox"/> Normal	Untreated caries: <input type="checkbox"/> 0.No <input type="checkbox"/> 1.Yes Missing tooth (been extracted due to caries): <input type="checkbox"/> 0.No <input type="checkbox"/> 1.Yes Filled tooth : <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes Gingivitis※: <input type="checkbox"/> 0. No <input type="checkbox"/> 1. Yes Dental calculus or tartar※: <input type="checkbox"/> 0.No <input type="checkbox"/> 1.Yes <input type="checkbox"/> Poor oral hygiene <input type="checkbox"/> Malocclusion <input type="checkbox"/> Other							
Summary	<input type="checkbox"/> Normal						Stamp of hospital/clinic where examination was done		
	<input type="checkbox"/> Requires a consultation with : _____								
	<input type="checkbox"/> Other: _____								
Laboratory Tests		1 st test	Result		Laboratory Tests		1 st test	Result	
			Abnormal	Follow up				Abnormal	Follow up
Urinalysis	Protein (+) (-)				Blood lipid	Triglyceride (mg/dl)			
	Sugar (+) (-)					Total cholesterol (mg/dl)			
	O.B. (+) (-)					Low-density lipoprotein			
	pH					High-density lipoprotein			
Blood test	Fasting blood glucose				Renal function	Creatinine (mg/dl)			
	Hb (g/dl)					UA (mg/dl)			
	WBC (10 ³ /μL)					BUN (mg/dl)			
	RBC (10 ⁶ /μL)				Liver function	SGOT (U/L)			
	Platelet count (10 ³ /μL)					SGPT (U/L)			
	MCV (fl)				Hepatitis B	HbsAg			
	Hct (%)※					HbsAb			
■ Fasting for at least 6-8 hours on the day of inspection (you can drink a small amount of plain water).									
Chest X-ray	Date of X-ray	Result: <input type="checkbox"/> No obvious abnormality <input type="checkbox"/> R/O TB <input type="checkbox"/> TB-related calcification <input type="checkbox"/> Abnormal thorax <input type="checkbox"/> Pleural cavity edema <input type="checkbox"/> Scoliosis <input type="checkbox"/> Cardiomegaly <input type="checkbox"/> Bronchiectasis <input type="checkbox"/> Pulmonary infiltrates <input type="checkbox"/> Solitary pulmonary nodule <input type="checkbox"/> Other:				Further treatment, date, and comment:			
Other tests	Item	Date	Checked by	Result	Follow-up referral and notes:				
Summary	Summary of health examination results, for follow-up or treatment, and case management outline								
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