

新訓中心常見問題說明

一、入營後，新訓中心是否會提供衣物？

答：入營報到後，由新訓中心提供迷彩服、運動服、短褲、鋼盔、鞋、襪、內衣褲及日常生活用品，如不敷使用，可依個人需求，至營區福利站自行購買。

二、入營之役男，是否須先行理髮？

答：役男入營前無需先行理髮，待入營後，由收訓營區統一安排役男理髮，收費價廉且符合規定（新兵入伍訓練髮式標準：採3mm剃刀頭剪髮器，沿後腦頭皮及兩側耳輪後方，向上順推使全頭髮長達0.3公分）。

三、新訓中心可否使用手機？

答：役男可攜帶手機(照相功能除外)入營，惟新訓單位會集中保管，於定時定點開放使用。

四、新訓中心可否攜帶電動刮鬍刀？

答：新訓中心現行規定，不同意役男攜帶電器用品入營，應包含電動刮鬍刀，所以建議役男於新訓期間，儘量使用手動式刮鬍刀。

五、新訓中心可否戴隱形眼鏡？

答：於新兵訓練中心可配戴隱形眼鏡，但因新訓中心生活緊湊，而隱形眼鏡須相當時間消毒、清洗，以免感染影響視力，所以建議役男配戴鏡片眼鏡為宜，並可另行準備備份眼鏡，以免操課中毀損造成不便。

六、役男入營後，是否會再體檢？

答：新兵報到後，將安排新兵體檢，可檢具診斷證明書或自行口述病況，提供軍醫參考安排赴院檢查。

七、在新訓中心，可否攜帶個人藥品？

答：常備兵攜帶個人藥品入營，將採集中專人保管，如須用藥可向專人領取服用；特殊疾病用藥者，可向單位先行報備後，於訓練時隨身攜帶（如：氣喘患者可攜帶氣管擴張劑）。

八、在新訓中心身體不適如何處理？

答：新兵於新訓中心身體不適，請隨時報告長官及時處理，各新訓中心均有醫務室，醫官會依病況作妥適之處理，如安排至醫務室休息或轉送軍醫院進一步檢查治療。

九、在新訓中心之訓練要求方式為何？

答：新訓中心的體能訓練是採循序漸進之方式，並會依新兵個人體能狀況分組訓練，讓新兵逐步適應跟上進度。

十、在新訓中心之衣物洗滌方式？

答：衣物之洗滌方式，由入營新兵推選福利委員，對外招商辦理，並由新兵每日將換洗衣物放入個人洗衣袋送洗，以免遺失或錯取。

十一、在新訓中心休假返家之交通？

答：休假返家之交通方式，新兵可由家長接送返家或搭乘由新兵福利委員辦理之遊覽車原車自費往返新訓中心。

十二、在新訓中心是否有自動提款機及電話亭可使用？

答：各營區均設有郵局自動提款機及插卡式(I C 卡)公共電話亭，以方便新兵提款及使用電話。

十三、軍訓課之折抵，是否可折抵新訓中心的時間？要那些證明文件？

答：軍訓課並不能折抵新訓中心之役期，相關證明文件，係於退伍前半年，交服役駐地之人事官，以便計算退伍日期；高中及大專以上教育程度者均須提具軍訓成績單，如於入營前已備妥證件者，亦可交新訓單位人事官，併入新兵個人之兵籍資料袋移轉至服役駐地。

十四、83年次(含)以後接受4個月軍事訓練之役男仍能辦理軍訓課程折抵役期嗎？

答：83年次(含)以後接受4個月軍事訓練之役男可以辦理軍訓課程折抵役期，相關證明文件請於入營前備妥，俟入營後交新訓單位人事官(接受暑期二階段軍事訓練役男請於第二階段專長訓練報到時繳交)。

十五、剛入營，心裡緊張，對新的環境不適應，怎麼辦？

答：按規定休息(睡覺)，自己情緒上先力求穩定，找個較談得來的同袍弟兄彼此照應，渡過困境或請教你的輔導員，若當真無能為力時，別忘了向你的直屬長官(連長、輔導長)或心輔官報告，請他幫助你，可能的話，撥個電話或寫封信給你的父母、親友，以紓解緊張的情緒。

Frequently Asked Questions about the New Training Center

1. Will the new training center provide clothing after entering the camp?

Answer: After registering in the camp, the new training center will provide camouflage uniforms, sportswear, shorts, steel helmets, shoes, socks, underwear and daily necessities.

2. Do men who enter the camp need to get a haircut first?

Answer: Men do not need to get a haircut before entering the camp, and after entering the camp, the training camp will arrange a haircut for the men, and the fee is cheap and in line with the regulations (the standard for the hairstyle of recruit enlistment training: 3mm razorhead hair clippers are used, along the back of the head scalp and behind the ear wheels on both sides, and push up to make the whole hair up to 0.3 cm long).

3. Can I use a mobile phone at the new training centre?

Answer: Military men can bring mobile phones (except for the camera function) into the camp, but the new training unit will keep them in a centralized manner and open them for use at regular times.

4. Can I carry an electric shaver in the new training centre?

Answer: The current regulations of the new training center do not allow men to bring electrical appliances into the camp, which should include electric razors, so it is recommended that men use manual razors as much as possible during the new training period.

5. Can I wear contact lenses at the new training centre?

Answer: Contact lenses can be worn in the recruit training center, but due to the tight life in the training center, contact lenses need to be disinfected and cleaned for a considerable period of time to avoid infection affecting vision, so it is recommended that men wear lenses and glasses, and can prepare backup glasses separately to avoid damage during the class.

6. After the male enters the camp, will he have a medical examination?

Answer: After the recruits report for duty, they will be arranged for the recruits to have a physical examination, and they can have a diagnosis certificate or dictate their medical conditions, and provide military doctors for reference to arrange for them to go to the hospital for examination.

7. Can I bring personal medication with me at the new training centre?

Answer: The standing soldiers bring personal medicines into the camp, and they will be kept by a special person during the collection, and if they need to use medicine, they can collect and take them from a special person. Those who take drugs for special diseases can report to the unit in advance and carry them with them during training (e.g., asthma patients can carry bronchodilators).

8. How to deal with feeling unwell in the new training center?

Answer: If a recruit is unwell in the new training center, please report to the commander at any time for timely treatment, and each new training center has an infirmary, and the medical officer will take appropriate treatment according to his condition, such as arranging for rest in the infirmary or transferring him to a military hospital for further examination and treatment.

9. What are the training requirements for the new training centres?

Answer: The physical training at the training centre is gradual, and the training will be divided into groups according to the individual physical condition of the recruits, so that the recruits can gradually adapt to the progress and keep up.

10. How to wash clothes in the new training center?

Answer: The washing method of clothing is selected by the welfare committee of the recruits who enter the camp, and the recruits will put the change of clothes into their personal laundry bags every day to avoid loss or wrong pick-up.

11. How do I get home from a vacation at the new training centre?

Answer: The mode of transportation for returning home from vacation is that recruits can be picked up by their parents or taken to and from the training center at their own expense by the original tour bus organized by the Recruits' Welfare Committee.

12. Are there ATMs and phone booths available at the training centre?

Answer: Post office ATMs and IC card public telephone booths are set up in each camp to facilitate the withdrawal of cash and the use of telephones by recruits.

13. Can the discount of military training courses be used for the time of the new training center? What supporting documents do you need?

Answer: The military training course cannot be deducted from the service period of the new training center, and the relevant supporting documents are submitted to the personnel officer of the service station half a year before the discharge from the army for the purpose of calculating the date of discharge; Those with high school education and college education must submit military training transcripts, and if they have prepared documents before entering the camp, they can also submit them to the personnel officer of the new training unit, and they will be transferred to the military registration information bag of the recruits and transferred to the service station.

14. Can men who receive 4 months of military training after 83 years (inclusive) still apply for military training courses to deduct the service period?

Answer: Men who have received 4 months of military training after 83 years (inclusive) can apply for military training courses to deduct the service period, and the relevant supporting documents should be prepared before entering the camp and handed over to the personnel officer of the new training unit after entering the camp (men who accept the second stage of military training in the summer vacation should pay it when reporting for the second stage of professional training).

15. What should I do if I first enter the camp, I am nervous and not adaptable to the new environment?

Answer: Rest (sleep) according to the regulations, try to be emotionally stable first, find a comrade who can talk to each other to take care of each other, get through the difficult situation or consult your counselor, if you really can't do anything, don't forget to report to your immediate commander (company commander, counselor chief) or heart assistant officer, ask him to help you, if possible, call or write a letter to your parents, relatives and friends to relieve the tension.